

MTY FOOD GROUP INC.
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TSX Trading Symbol: "MTY"

NEWS RELEASE

MTY FOOD GROUP INC. ANNOUNCES RESULTS FROM 2020 ANNUAL GENERAL MEETING

Montreal, May 4, 2020 - MTY Food Group Inc. ("MTY" or the "Company") (TSX: MTY), franchisor and operator of multiple concepts of restaurants, is pleased to announce that all matters set out in the management information circular dated March 27, 2020 for the 2020 Annual General Meeting of Shareholders held on Friday May 1, 2020 (the "Meeting") were approved by shareholders. Over 17,151,409 shares were voted representing 69.42% of the outstanding shares of the Company.

The following seven nominees were re-elected as directors of MTY. The detailed results of the vote for the election of directors are set out below:

Nominee	# Votes For	% Votes For	# Votes Withheld	% Votes Withheld
Murat Armutlu	15,990,243	93.23%	1,161,166	6.77%
Stanley Ma	12,235,910	71.34%	4,915,499	28.66%
Dickie Orr	17,083,368	99.60%	68,041	0.40%
Claude St-Pierre	11,720,100	68.33%	5,431,309	31.67%
David K. Wong	12,192,714	71.09%	4,958,695	28.91%
Gary O'Connor	17,080,837	99.59%	70,572	0.41%
Eric Lefebvre	13,086,376	76.30%	4,065,033	23.70%

Each of the matters voted at the Meeting is discussed in detail in the Company's Management Information Circular dated March 27, 2020. These can be found on SEDAR at www.sedar.com under the Company's profile for public filings. Final voting results on all matters voted at the Meeting will be filed on SEDAR at www.sedar.com under the Company's profile for public filings

Certain information in this News Release may constitute "forward-looking" information that involves known and unknown risks, uncertainties, future expectations and other factors which may cause the actual results, performance or achievements of the Company or industry results, to be materially different from any future results, performance or achievements expressed or implied by such forward-looking information. When used in this News Release, this information may include words such as "anticipate", "estimate", "may", "will", "expect", "believe", "plan" and other terminology. This information reflects current expectations regarding future events and operating performance and speaks only as of the date of this News Release. Except as required by law, we assume no obligation to update or revise forward-looking information to reflect new events or circumstances. Additional information is available in the Company's Management Discussion and Analysis, which can be found on SEDAR at www.sedar.com.

**On Behalf of the Board of Directors of
MTY Food Group Inc.**

Eric Lefebvre, CEO

For more information please contact Eric Lefebvre, Chief Financial Officer at 1-514-336-8885 or by email at ir@mtygroup.com, or visit our website: www.mtygroup.com or SEDAR's website at www.sedar.com under the Company's name.