

MTY FOOD GROUP INC.
8210 route Transcanadienne
St-Laurent, Quebec, H4S 1M5

TSX Trading Symbol: "MTY"

NEWS RELEASE

MTY FOOD GROUP INC. ANNOUNCES RESULTS FROM 2022 ANNUAL GENERAL MEETING

Montreal, July 15, 2022 - MTY Food Group Inc. ("MTY" or the "Company") (TSX: MTY), franchisor and operator of multiple concepts of restaurants, is pleased to announce that all matters set out in the management information circular dated May 13, 2022, for the 2022 Annual General Meeting of Shareholders held on Thursday July 14, 2022 (the "Meeting") were approved by shareholders. Over 17,664,703 shares were voted representing 72.36% of the outstanding shares of the Company.

The following seven nominees were re-elected as directors of MTY. The detailed results of the vote for the election of directors are set out below:

Nominee	# Votes For	% Votes For	# Votes Withheld	% Votes Withheld
Murat Armutlu	15,716,017	89.38%	1,867,573	10.62%
Eric Lefebvre	14,819,972	84.28%	2,763,718	15.75%
Stanley Ma	11,727,532	66.70%	5,856,158	33.30%
Victor Mandel	17,457,598	99.28%	125,992	0.72%
Dickie Orr	17,407,325	99.00%	176,365	1.00%
Claude St-Pierre	13,692,742	77.87%	3,890,948	22.13%
Suzan Zalter	17,386,363	98.88%	197,327	1.12%

Each of the matters voted at the Meeting is discussed in detail in the Company's Management Information Circular dated May 13, 2022. These can be found on SEDAR at www.sedar.com under the Company's profile for public filings. Final voting results on all matters voted at the Meeting will be filed on SEDAR at www.sedar.com under the Company's profile for public filings

Certain information in this News Release may constitute "forward-looking" information that involves known and unknown risks, uncertainties, future expectations and other factors which may cause the actual results, performance or achievements of the Company or industry results, to be materially different from any future results, performance or achievements expressed or implied by such forward-looking information. When used in this News Release, this information may include words such as "anticipate", "estimate", "may", "will", "expect", "believe", "plan" and other terminology. This information reflects current expectations regarding future events and operating performance and speaks only as of the date of this News Release. Except as required by law, we assume no obligation to update or revise forward-looking information to reflect new events or circumstances. Additional information is available in the Company's Management Discussion and Analysis, which can be found on SEDAR at www.sedar.com.

**On Behalf of the Board of Directors of
MTY Food Group Inc.**

Eric Lefebvre, Chief Executive Officer

For more information please contact Eric Lefebvre, Chief Executive Officer at 1-514-336-8885 or by email at ir@mtygroup.com, or visit our website: www.mtygroup.com or SEDAR's website at www.sedar.com under the Company's name.